

**TITLE 3: HUMAN RESOURCES**  
**DIVISION 2: HEALTH**

**§ 2153. Self-Management and Out-Reach Program.**

(a) The center shall provide diabetes outpatient self-management training and education under the supervision of certified, registered and licensed health care professionals.

(b) Self-management training and education shall take into consideration the self-management standards approved by the American Diabetes Association and shall help patients:

- (1) Assess the quality of medical care they receive;
- (2) Develop expectations for their role in the medical treatment; and
- (3) Compare their treatment outcomes to standard goals.

(c) Self-management may include home visits, if necessary, by center staff to monitor:

- (1) Blood glucose;
- (2) Patient use of test strips for glucose monitors;
- (3) Blood pressure;
- (4) Use of insulin injections, pumps, and infusion devices;
- (5) Oral agents for controlling blood sugar;
- (6) Medical nutrition therapy and physical exercise; and,
- (7) Podiatric appliances for prevention of complications associated with diabetes.
- (8) Visits, as required by established medical treatment protocols.

**Source:** PL 11-31, § 5.